

# Total Joint Pre-operative Education Class



**All patients having joint reconstruction surgery need to attend the two-hour Joint Pre-operative Education class.**

Saint Alphonus has found that increased education will improve your recovery. Please register for a class in-person or online. You will receive further instructions for your class once you fill out the registration form located here: [OrthoJointClass.com](http://OrthoJointClass.com)

**We encourage you to attend 2-3 weeks before your surgery date.** Please bring your coach and patient guide booklet with you to this class.

If you are traveling from out of state for your surgery, you can watch our educational video.

**To Register for all classes go to:**  
**[OrthoJointClass.com](http://OrthoJointClass.com)**

## **NAMPA**

Saint Alphonus Medical Center - Nampa  
4300 E. Flamingo Avenue  
Nampa, ID 83687

**Every Thursday 1:15 - 3:30pm**

## **BOISE**

Joint Preservation & Reconstruction  
6165 W. Emerald St.  
Boise, ID 83704

**Every Monday 10:00am to Noon.**

**Every Wednesday 1:00pm-3:00pm**

Online class is available on Mondays from 1:00pm to 3:00pm via Teams. An invite will be emailed when patient signs up.

## **ONTARIO & BAKER CITY**

Currently there are no in person classes available in Ontario or Baker City. Please attend the Nampa or Boise class or view the on-line video.

**[OrthoJointClass.com](http://OrthoJointClass.com)**

\*Click on the link above and complete the registration form to receive a link to this class.



**Saint Alphonus**

A Member of Trinity Health