



Saint Alphonsus

## HEART INSTITUTE

ATRIAL FIBRILLATION CENTER

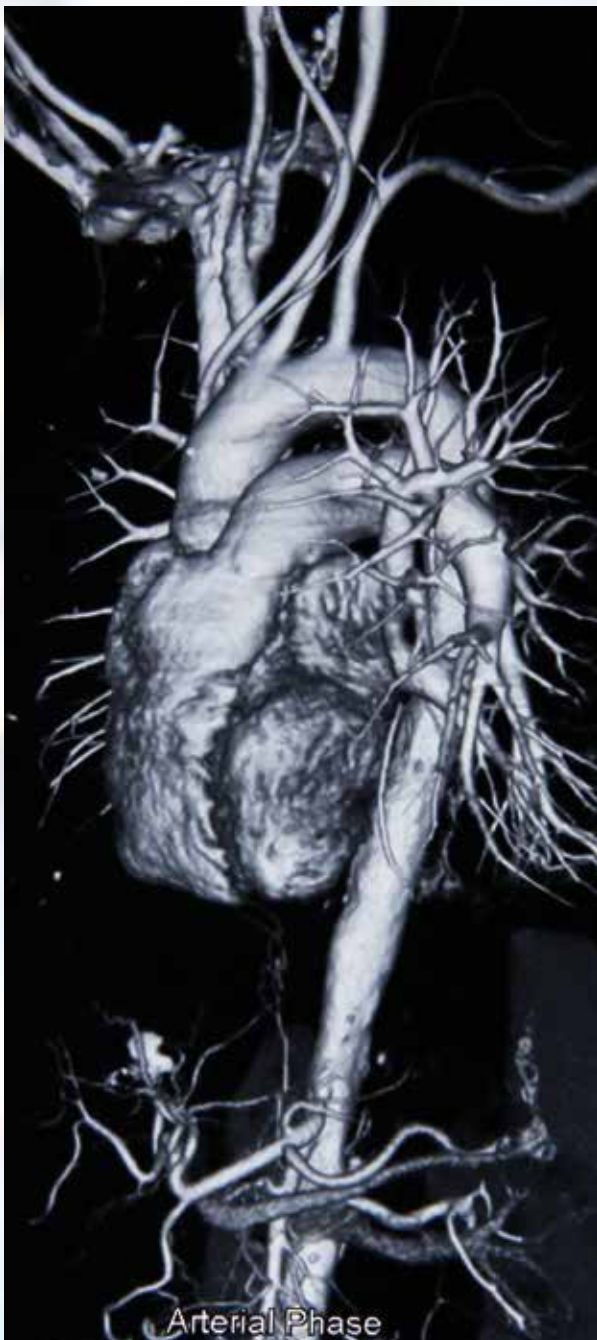






Saint Alphonsus Heart Institute's Atrial Fibrillation Center is the most advanced heart rhythm program in the region. From specially trained cardiologists and surgeons to the most state-of-the-art technology, we are dedicated to working with you to correct your heart rhythm so you can get the most out of life.





## ADVANCED TECHNOLOGY

**Stereotaxis** uses robotic, computer controlled navigation to help the cardiac electrophysiologist steer catheters and guidewires through the heart. Computer assistance allows for precise navigation and allows the doctor to deliver the most precise and accurate treatment possible.

**Cardiac MRI** uses a powerful magnetic field, radio waves and a computer to produce detailed pictures of the structures within the heart. This amazing technology allows doctors to more accurately diagnose and treat heart conditions, including atrial fibrillation.

**Cardiovascular Operating Suites** feature the most state-of-the-art equipment and technologies, including video-assisted thoracic surgery which minimizes the size of incisions and expedites the post-operative healing process.







## TREATMENT OPTIONS

Not everyone with atrial fibrillation is the same, that's why we offer a variety of treatment options. Working with you, your family and our advanced medical team we will create a care plan that is unique to you and your situation.

**RF Ablation:** an ablation technique using heat to modify the heart tissue that is causing the heart to send harmful electrical signals.

**Cryoablation:** an ablation technique using extreme cold to modify heart tissue that is causing the heart to send incorrect electrical signals.

**Medication Management:** sometimes atrial fibrillation symptoms can be managed through the use of prescription medication when appropriate.

**Hybrid MAZE:** minimally invasive procedure in which a surgeon uses small incisions in specific places around the heart to isolate and redirect electrical signals that are causing irregular heartbeats. This procedure is highly successful for patients who have aggressive, long-standing atrial fibrillation. Saint Alphonsus is proud to be the only health system offering the Hybrid Maze procedure in Idaho and the surrounding area.

### Benefits:

- Shorter hospital stay
- Less pain, blood loss and scarring
- Reduction in risks of blood clots and stroke
- In most cases patients have few or no symptoms related to abnormal heart rhythms
- A much higher cure rate for long standing Afib compared to catheter-alone ablation
- No splitting of the breast bone, resulting in a quicker recovery
- Some patients are able to discontinue anti-arrhythmic drugs
- Most patients are able to quickly return to exercise and daily activities

### Who is a candidate? Individuals with...

- Persistent Afib for over a year
- Afib uncontrolled by medication
- Afib that is debilitating



Schedule an Appointment Today:

**(208) 367-7770**

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