

Preparing for your OUTPATIENT SURGERY



**Ten Mile
Surgery Center**

Pre-operative Information

You will be contacted prior to your scheduled procedure by our pre-admission nursing team. The nurse will review the pre-admission information with you, including:

- A brief review of your medical history and any special instructions related to your procedure.
- Information related to medications that you might take or need to avoid taking prior to the procedure.
- Your arrival and procedure time.
- Instructions on preparing for your surgery and answer any questions. Interpreters are available upon request.
- Diet prior to surgery, including no food after midnight and clear liquid schedule.

Before You Arrive

- Leave all valuables at home, including jewelry.
- You may shower the morning of surgery with antibacterial soap, but don't use any perfumes, colognes, or body lotions.
- Do not wear make-up.
- Do not wear nail polish on your operative extremity, if applicable.
- You may brush your teeth the morning of your surgery. If you have dentures, you may wear them. Please bring a case for them to be stored during your procedure.
- Make sure to wear loose, comfortable clothing that you will be able to easily slip off and on as well as fit over any bandages you may receive.

What to Bring/Do

- If you use an inhaler, please bring it with you.
- Wear your hearing aids and bring a case for them to be stored during your procedure.
- Contacts are not permitted. Make sure to wear your eyeglasses and bring a case for them to be stored during your procedure.
- Please bring all insurance cards and a photo ID with you.
- If your child is having surgery, please bring along an empty bottle or sippy cup. You should also bring along formula or milk for after surgery. Bring any comfort items for your child (blanket, pacifier, etc.).
- Identification bracelets are given to all patients. Please keep these bracelets on while at the center.
- Confirm any allergies you have and any medicines you take.
- You are responsible for bringing the agreed upon day-of- service payment.

Procedure Date:

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Arrival Time:

Provided by Ten Mile Surgery Center

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Surgery Time:

Provided by Ten Mile Surgery Center

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Office Follow-up:

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If you have any questions or concerns prior to your surgery, please do not hesitate to call us at (208) 302-7960.

Ten Mile Surgery Center

875 S Vanguard Way, Ste. 120

Meridian, ID 83642

Phone: (208) 302-7960

Fax: (208) 302-7999

