

CARDIOLOGY TESTING GUIDELINES | LAST EDITED ON 6.8.2026

Event Monitors (Long-Term)

- Event recorders which monitor for 2-4 weeks are less costly to the patient and provide additional information.
- Saint Alphonsus Heart Care recommends patients receive the long-term event monitors for most patient rhythm concerns.

Indications	Monitor	Duration/Monitoring	Records	Benefit	How to Order
Malignant arrhythmias (Example: prolonged pauses, high grade AV block)	Zio AT	1-14 days / Final Report	Every Beat	• Small, low profile chest patch • Less costly to the patient • Ordering providers receive additional information	<u>INDEPENDENT CLINICS:</u> Fax order form and prior auth to: Boise / Nampa Fax: (208) 367-7788 Ontario/Baker Fax: (541) 367-7788 <u>Include indications and list duration:</u> • Less than or equal to 48 hours • 48-hour to 14-day monitor • 30-day event monitor <u>SAMG Clinics:</u> Send Epic Order #: • Less than or equal to 48 hours: CAR02 • 48-hour to 14-day monitor: CAR77 • 30-day event monitor: CAR05
	Preventice Mini CEM	3-30 days / Live Transmission	On activation or preset parameters		
All other indications 14-day monitor • Palpitations, quantification of PVCs or PACs, syncope, atrial fibrillation rate/rhythm control, syncope 30-day monitor: • Ischemic stroke to evaluate for atrial fibrillation diagnosis	Zio XT	1-14 days / Final Report	Every Beat	• Small, low profile chest patch • Less costly to the patient • Ordering providers receive additional information	
	Preventice Mini Plus BG (Waterproof)	3-30 days / Live Transmission			
	Preventice Mini BG (Waterproof)	3-14 days / Live Transmission	Every Beat		
	Preventice Mini MCT	3-30 days / Live Transmission			

Echocardiograms Testing - Referral Guidelines

NOTE: If echocardiogram results indicate moderate to severe aortic stenosis, you may directly refer to the Saint Alphonsus Structural Heart Program - Phone: (208) 302-0005 Fax: (208) 302-0126

Testing Locations		Include with Referral	How to Order
• Boise - Saint Alphonsus Heart Care Clinic • Boise - Saint Alphonsus Regional Medical Center • Eagle - Saint Alphonsus Heart Care Clinic • Nampa - Saint Alphonsus Medical Center • Nampa - Saint Alphonsus Heart Care Clinic	• Ontario, OR - Saint Alphonsus Medical Center • Baker City, OR - Saint Alphonsus Medical Center • Cascade, ID - Cascade Medical Center • Emmett, ID - Valor Health	• Specify testing location • Prior authorization • Progress note	<u>INDEPENDENT CLINICS:</u> Fax order form and prior auth to Central Scheduling (208) 367-7788 <u>SAMG Clinics:</u> Epic Order # ECH200