



EMPLOYEE ASSISTANCE PROGRAM (EAP)



Caring, Compassionate, and Confidential is at the heart of the Saint Alphonsus Employee Assistance Program. Our counselors are dedicated to supporting your team members, so they can remain productive and healthy – physically, mentally, and spiritually.

Since 1981, clients have entrusted their mental health and well-being to our counselors. Our licensed counselors practice at the Master's level and concentrate on whole-person care.

Applying an integrative approach to mental health and well-being, your team members will benefit from our mental health services, which include:

- Treatment for anxiety and depression
- Marital and family relationship counseling
- Substance abuse and addiction treatment
- Critical incident stress debriefing from a traumatic event
- Couples, individual, or family counseling
- Loss or bereavement counseling
- In-person or virtual appointments



JARED BELSHER
MA, LPC, NCC



JENNY LEE DOTY
MSW, LCSW



MELISSA YOUNG
MSW, LCSW

LOCATIONS

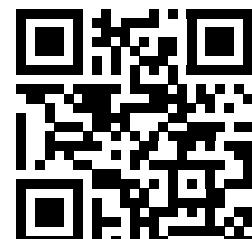
BOISE

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TO LEARN MORE



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