Empowering you to live your whole life.

Come and learn about the many resources available to you from Saint Alphonsus and the Health Alliance. Colleagues and their spouses on the SAHS Health Plan may earn 50 Meaningful Choice Activity Points by attending this event and turning in their Expo Passport.

- Gain a better understanding of how your wellness program works for you
- Discover tools and resources for your health
- Learn about Health Coaching and make an appointment
- Navigate the health system or find a provider that’s right for you
- Review recommended preventive screenings
- Win prizes and take home giveaways
- Learn about additional Saint Alphonsus perks

EXPO DATES

ONTARIO  April 18, 2019  |  8am – 1pm
Snake River & Weiser Rooms

BAKER CITY  April 24, 2019  |  10am – 2pm PST
Elkhorn & Eagle Cap Rooms

NAMPA  April 30, 2019  |  8am – 2pm
Ponderosa, Tamarack & Aspen Rooms

BOISE*  May 7, 2019  |  8am – 2pm
McCleary Auditorium

*Breakout sessions available in Boise for an additional 50 Meaningful Choice Activity Points.

No need to sign up, just show up.
SaintAlphonsus.org/employee-wellness-program