# Kudos to YOU! Cafeteria Selections

## Beverages:
- Bottled Beverage: 2 Kudos

## Treat:
- Yogurt Parfait: 1 Kudo
- Brownie, Cookie, Lemon Bar, Rice Krispy Treat, Pie: 1 Kudo
- String Cheese: 1 Kudo
- Hard Boiled Egg: 1 Kudo
- One Piece of Fresh Fruit: 1 Kudo
- Fresh Fruit Cup: 1 Kudo

## Breakfast:
- Large Oatmeal Cup: 1 Kudo
- Biscuits and Gravy: 2 Kudos
- Breakfast Burrito/Sandwich: 3 Kudos

## Entrée:
- Grab and Go Sandwich: 3 Kudos
- Grab and Go Chef Salad: 3 Kudos
- Live Your Whole Life Meal of the Day: 5 Kudos