December 16, 2022

Ada County Commissioners
200 W. Front Street
Boise, ID 83702

RE: Fiscal Year 2022 Saint Alphonsus Regional Medical Center Community Benefit Report

Dear Commissioners:

Saint Alphonsus Regional Medical Center is pleased to present you with our Fiscal Year 2022 Community Benefit Report, pursuant to Idaho Code, Section 63-602D.

Saint Alphonsus' unwavering commitment to meeting community needs, with particular emphasis on the underserved and vulnerable, is brought to life through our community benefit ministry. Community benefits include services provided to community members at no cost or subsidized as part of the hospital’s mission to serve as a compassionate and transforming healing presence within our communities.

As one of the largest hospitals in Idaho, we take seriously our responsibility as a not-for-profit health care provider to steward the resources entrusted to us and to invest in community benefit efforts that address identified community needs.

Our community benefit efforts primarily focus on improving access to needed services in our community. Our approach is to systematically identify significant health care needs in our evolving community that are not adequately met due to financial, cultural or other socio-economic barriers. Then we collaborate with other public and private community partners to develop innovative and sustainable solutions to address these needs. Examples of collaborative initiatives led or supported by Saint Alphonsus include Western Idaho Community Health Collaborative (aligning healthcare, social services and public health), Idaho Housing Work Group, New Path Community Housing (permanent supportive housing for those experiencing chronic homelessness), Allumbaugh House (Substance Abuse Detoxification / Crisis Mental Health facility), the WWAMI Psychiatric Residency, the Idaho Crisis & Suicide Hotline (local mental health support), Ready Idaho Coalition (early childhood education) and the Saint Alphonsus Center for Global Health and Healing (culturally and linguistically appropriate care for refugees).

Many of our community benefit programs are tailored to the unique needs of underserved and vulnerable populations such as refugees, individuals affected by chronic homelessness, mental illness or substance abuse, uninsured, Hispanic/Latinx, BIPOC (Black, Indigenous, People of Color), African Diaspora, and LGBTQIA+. Many community benefit programs offered by Saint Alphonsus are unique in the community, relieve burden from government programs, and would not otherwise be available if we did not offer them. These programs address important community needs and are not expected to generate a positive financial return.
Saint Alphonsus is governed by a Board of Trustees consisting of independent community leaders who serve on a voluntary basis. The Saint Alphonsus Regional Medical Center, Inc. Board was made up of the following members during Fiscal Year 2022:

- Odette Bolano, SAHS President and CEO
- David McFadyen, SARMC President
- Daniel Puga, Chair
- Sr. Suzanne Brennan, CSC
- Anabel Ortiz-Chavolla
- Adam Richins
- Vicken Garabedian, MD
- Laura Alvarez Schrag
- Sr. Geraldine Hoyler, CSC
- Angela Taylor
- Kirk Jacobson
- Michael Ballantyne
- Michael Coughlin, MD
- Susan Morris
- Toni Nielsen
- Lupe Wissel
- Mark LePage

To ensure consistency in community benefit reporting and adherence with national guidelines, Saint Alphonsus uses the Catholic Health Association's "Guide for Planning and Reporting Community Benefit," 2020 Edition. Program information is collected and quantified using Community Benefit Inventory for Social Accountability (CBISA) software by Lyon Software.

Should you have any questions related to Saint Alphonsus' Community Benefit Ministry, please feel free to contact Christopher Stock, Vice President of Community Health & Well-Being, via e-mail at Christopher.Stock@saintalphonsus.org or by telephone at (208) 367-8923.

Sincerely,

Marcie Harper

Marcie Harper (Dec 15, 2022 14:57 MST)

Marcie Harper
Vice President, Finance
Saint Alphonsus Regional Medical Center
Mission

*We, Saint Alphonsus and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.*

General Description of Service Area

Saint Alphonsus Regional Medical Center serves patients from the primary, secondary and tertiary service areas listed below:

- Primary Service Area (75% of discharges): Ada and Canyon Counties
- Secondary Service Area (75-95% of discharges): Boise, Gem, Malheur, Elmore, Payette, Owyhee, Union and Baker Counties
- Tertiary Service Area (90-95% of discharges): Twin Falls, Valley, Washington, Adams, Blaine, Cassia, Gooding, Jerome and Elko Counties

Source of Data

The numbers included in this report are from Trinity Health financial statements and other internal reports from the Fiscal Year ending June 30, 2022.

Unreimbursed Services

$18,961,882 Total amount of charity care and bad debt at cost
(Charity care = $9,217,669; Bad debt = $9,744,213)

Patient Financial Assistance, also known as charity care, is free or discounted health services provided to persons who cannot afford to pay and who meet the eligibility criteria listed in the financial assistance policy.

Unreimbursed Cost of Care (bad debt) refers to costs of care incurred by the hospital, when patients are unable to pay their bills, but do not apply for patient financial assistance, or are unwilling to pay their bills. Uncompensated care excludes other unfunded costs of care, such as underpayment from Medicaid and Medicare.

$36,225,641 Unreimbursed (net) cost of services provided to patients covered by Medicaid, County Indigency, and other government programs.
(Unpaid cost of Medicaid and other public programs = $36,225,641)

Unreimbursed Cost of Care (Medicaid and other means tested government programs) includes unpaid costs of public programs for low-income persons — the shortfall created when payments received are less than the cost of caring for public program beneficiaries.
Community Benefit Services, Programs and other Special Services Operated
Below Actual Reimbursements (Value excludes figures noted in other sections of this report)

$7,333,723 The total unreimbursed value of “community benefit” services and programs operated by the hospital, donations, subsidies or in-kind services to other 501(c)(3) organizations, as defined by the guidelines set forth by the Catholic Hospital Association. (Living in Poverty $4,535,830 + Broader Community $2,797,893)

Community Benefit Reporting Format
Community Benefit information has been prepared following guidelines set forth in the Catholic Health Association (CHA) "Guide for Planning and Reporting Community Benefit," 2020 Edition. Program information is quantified using Community Benefit Inventory for Social Accountability (CBISA) software by Lyon Software.

Value of Donations
Idaho’s 501(c)(3) hospitals and their service areas benefit from philanthropic support each year. Charitable donations enable the hospital to invest in new services and technologies needed by the community, subsidize community programs, fund research and outreach activities, and help contain health care costs.

Some donations are given to hospitals without restrictions, allowing the hospital to use those funds where they are most needed. Restricted gifts, often related to specific program grants, research or capital projects are used only as specified by the donor.

$3,064,858 Total donations received.

13,047 hours Total number of volunteer hours contributed:
   Hospital volunteers (8,490 hours)
   Faith Community Nursing volunteers (4,526 hours)
   Community Program volunteers (30 hours)

Additions to Capital FY2022
$36,315,256 Additions to capital including all expenditures for land, facilities, equipment and other capital supporting the hospital’s mission.

Community Needs Determination Process
Saint Alphonsus Regional Medical Center’s mission statement reflects its commitment to meeting the wellness and healthcare needs of the community year after year. It states that Saint Alphonsus
serves “…in the spirit of the Gospel, as a compassionate and transforming healing presence within our communities.”

Saint Alphonsus has a formal Community Benefit Planning Cycle that includes conducting a Community Health Needs Assessment every three (3) years and developing Community Benefit Plans under the guidance of the Mission Committee of the Board. Community Benefit Plan priorities are integrated with the Strategic Planning and budgeting processes, and the Mission Committee of the Board of Trustees actively participates in determining the appropriate role for Saint Alphonsus to take in addressing community needs.

The Community Health Needs Assessment identifies unmet needs within the community and suggests directions for community programs through the collection and analysis of primary and secondary data. In the process, it may also point out barriers that have been encountered in previous efforts. Our most current Saint Alphonsus Community Health Needs Assessment (2020) is available online at: https://www.saintalphonsus.org/assets/documents/chna/boise/chna-boise-2020.pdf.

The 2020 Community Health Needs Assessment was led by Saint Alphonsus and the United Way of Treasure Valley, with Health Resources in Action (HRiA) as a contracted research partner, and Saint Alphonsus Health System, Trinity Health System, and JPMorgan Chase & Co. as funding partners. Five Counties: Ada, Canyon, Owyhee, Elmore and Gem were the primary service areas studied. Saint Alphonsus has actively participated in the assessment and prioritization process and looks forward to working collaboratively with our community partners to improve health and quality of life in the Treasure Valley in the coming months and years.

As a mission-driven innovative health organization, we will become the national leader in improving the health of our communities and each person we serve. We will be the most trusted health partner for life; our vision is to

- Provide healing and hope, close to home
- Help our communities grow and thrive
- Be a trusted partner for life, and
- Deliver value in everything we do

Respectfully submitted by:

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<th>Signature:</th>
<th>David McFadyen</th>
<th>Signature:</th>
<th>Christopher Stock</th>
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<tr>
<td>Name:</td>
<td>David McFadyen</td>
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<td>Christopher Stock</td>
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<tr>
<td>Title:</td>
<td>President, Saint Alphonsus Regional Medical Center</td>
<td>Title:</td>
<td>Vice President, Community Health &amp; Well-Being, Saint Alphonsus Health System</td>
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<td>Date:</td>
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COMMUNITY BENEFIT HIGHLIGHTS

At Saint Alphonsus Regional Medical Center (SARMC), our mission is "to serve together in the spirit of the Gospel, as a compassionate and transforming healing presence within our communities." We work to transform our communities by reinvesting surplus revenues back into the community through new technologies, vital health services, and access for all. Saint Alphonsus Regional Medical Center supports community programs that address a wide variety of community needs, such as physician & nursing workforce shortages; access to affordable medical, dental and mental health care; substance abuse treatment; public health issues such as COVID-19 pandemic response, childhood immunizations and obesity and social influencers of health including access to affordable housing. Highlights from some of these Saint Alphonsus-sponsored programs are listed below:

- **Affordable Housing and Homelessness –New Path, Jesse Tree of Idaho, Avenues for Hope, and the Boise Campaign to End Family Homelessness:** The 2020 Community Health Needs Assessment found that safe, affordable housing was a top priority as a factors influencing health outcomes in the region. Saint Alphonsus continued its major financial support of $120,000 to New Path to provide supportive housing for persons experiencing chronic homelessness. Saint Alphonsus also provided support to CATCH ($7,500 for housing first support), Jesse Tree of Idaho ($5,000 for their Emergency Rental Assistance Program), Boise Campaign to End Family Homelessness ($30,000 as part of a 3-year pledge), LEAP Charities ($8,000 for low-income housing support), and Home Partnership Foundation ($30,000 for both supportive housing Medicaid crosswalk and support of inclement weather overflow for people experiencing homelessness). **Saint Alphonsus provided a total of more than $180,000 in support for New Path, CATCH, Jesse Tree of Idaho, the Boise Campaign to End Family Homelessness, LEAP Charities and Home Partnership Foundation to help with affordable housing and homelessness concerns in FY2022.**

- **Idaho Crisis and Suicide Hotline (ICSPH):** According to Idaho Suicide Prevention Hotline's 2021 Annual Report "Idaho's suicide rate is 46% higher than the national rate and every county is federally designated as a Health Professional Shortage Area for mental health services." The Hotline averaged 1,366 contacts per month through calls and texts/chats which added to the more than 81,000 contacts since its creation in 2012. **Saint Alphonsus provided $10,000 toward operations of the Idaho Crisis and Suicide Hotline in FY2022.**

- **Allumbaugh House** is a one-of-a-kind program offering substance abuse detoxification and crisis mental health services under one roof, funded by a public-private partnership including Terry Reilly Health Services, Ada County, Cities of Boise and Meridian, Idaho Department of Health & Welfare, Boise City/Ada County Housing Authority, Saint Alphonsus, St. Luke's, and United Way of Treasure Valley. Saint Alphonsus actively participates in governance meetings of the Joint Powers Entity and the Professional Resource Committee. Allumbaugh House provided 131 clients with compassionate care and hope for recovery this year. **Saint Alphonsus provided $225,000 toward operations of Allumbaugh House in FY2022.**

- **Full Circle Health (formerly Family Medicine Residency of Idaho)** provided primary care medical residency education in partnership with the WWAMI program. Idaho faces a dire shortage of family physicians, ranking 45th out of 50 states in terms of primary care physicians per capita. Full Circle Health serves as a vital pipeline of new primary care physicians into the
Saint Alphonsus Regional Medical Center
82-0200895 (page 7)
Fiscal Year ending June 30, 2022

State of Idaho and operates a large safety-net clinic providing low-cost health services to uninsured and underinsured residents of Ada County. Full Circle Health has been serving the citizens of Idaho and the surrounding Intermountain West since 1975. In that time period, the residency program has graduated approximately 400 new primary care physicians, over half of whom have remained to practice in the State of Idaho, with 42% of those choosing to practice in rural or underserved Idaho. **Saint Alphonsus provided $798,461 in direct financial support to Full Circle Health in FY2022.**

- **Psychiatry Residency:** The 2020 Community Health Needs Assessment identified access to mental health care as a top 5 priority in our list of unmet community needs, and a key contributing factor was the statewide shortage of psychiatrists. A collaboration between Saint Alphonsus, St. Luke’s, WWAMI, Boise VA Medical Center, and the State of Idaho developed and implemented a Psychiatry Residency program in Boise (as a result of our 2005 Community Health Needs Assessment), affiliated with the WWAMI program. The WWAMI Psychiatry Boise Clinical Track hosts three new psychiatry residents per year. Residents complete their first two years of training in Seattle and then complete years 3 and 4 in Boise. Goals of the program include training excellent general psychiatrists to practice in smaller communities, with a particular emphasis on teaching residents skills in outpatient and inpatient psychiatry and working effectively with primary care providers. **Saint Alphonsus provided $91,758 in funding support and served as a clinical training site for the Psychiatry Residency program in FY2022.**

- **Internal Medicine Residency:** In 2010, Idaho ranked 50th in the nation in Internal Medicine Graduates per capita. The Internal Medicine Residency allows residents to gain experience in the management of acutely ill patients from the hospitalist perspective. The residents expand their skills in multidisciplinary care and communication with other members of the patient's healthcare team. The residents learn and understand how to recognize and achieve patient safety goals, address errors in medical management, use information systems to access and disseminate medical knowledge and recognize and address ethical dilemmas in patient care. **Saint Alphonsus provided $196,628 in funding support and served as a clinical training site for the Internal Medicine Residency program in FY2022.**

- **Oral Health including Dental Residency:** Oral health needs ranked among our second-tier priorities identified in the 2020 Community Health Needs Assessments. Saint Alphonsus continues to provide funding support for the Idaho State University Dental Residency program of $88,897. **Saint Alphonsus provided $88,897 for dental residency support during FY2022.**

- **The Center for Global Health and Healing:** As an identified community by the federal branch, Office of Refugee Resettlement (ORR), Boise accepts individuals and families who have suffered significant trauma, torture and loss as a result of persecution on account of race, religion, nationality, membership in a particular social group, and/or political opinion. Saint Alphonsus Center for Global Health and Healing (CGHH) was developed to better meet the needs of families being resettled through ORR. As individuals and families continue to be resettled, there is a significant need for integrated and holistic models of care that are committed to trauma-informed, culturally-responsive, and language-appropriate practices to help reduce barriers to care and strengthen equitable healthcare for culturally and linguistically diverse populations. The CGHH is comprised of the Saint Alphonsus International Clinic and the
Culturally Appropriate Resources and Education (CARE) Maternal Health Clinic. The International Clinic is dedicated to providing longitudinal healthcare for primary care patients, with a special focus on the medical needs of families who have been resettled in our community. The CARE Maternal Health Clinic offers a group model of prenatal care that provides support throughout pregnancy, labor and delivery, postpartum and other gynecological needs. Both clinics provide an integrative model of care to address and reduce barriers to accessing equitable healthcare through a multidisciplinary team approach comprised of physicians, nurse practitioners, midwives, community health advisors, interpreters, social workers, and highly trained support staff. In FY2022, Saint Alphonsus contributed $1,237,728 in in-kind support of the Center for Global Health and Healing and served 3,782 people, as well as leveraged grant support for the program from other sources to support the program.

- **Community Health Worker Hub:** Saint Alphonsus developed a hub using Community Health Workers (CHW) to help ensure that the people we serve, and community members have access to food, housing and healthcare through both Trinity Health and community-based organizations. CHWs coordinated systems for hoteling individuals and families experiencing homelessness needing a place to isolate/quarantine with COVID-19 safely. The CHWs helped staff our mobile vaccine, FEMA and in-home vaccine clinics that provided COVID-19 vaccines throughout the Treasure Valley. Also, supported our CHW hotline where patients and community members would call to receive help scheduling COVID-19 vaccine appointments where we answered 531 calls. In FY2022, the Hub provided connections for persons seeking assistance to meet social needs caused by the pandemic. In FY2022, Saint Alphonsus leveraged partnerships to provide resources for the Community Health Worker Hub, and connected patients and community members to needed services in the community through 3,970 encounters.

- **COVID-19 Pandemic Response:** Saint Alphonsus participated in local COVID-19 strategic planning meetings to work collaboratively with local and state government agencies, community-based organizations, as well as other healthcare systems. Saint Alphonsus worked alongside community partners (City of Boise, Interfaith Sanctuary, St. Luke's, FMRI, and others) to help prevent the spread of COVID-19 in the population experiencing homelessness through development of local quarantine and isolation processes including hoteling of individuals and families experiencing homelessness who were suspected or confirmed COVID-19 positive. In addition, Saint Alphonsus provided software and equipment to patients for COVID Remote Patient Monitoring services so patients would be able to recover at home but still be monitored by a provider while recovering from COVID. In FY2022 Saint Alphonsus contributed $199,507 in advocacy and remote patient monitoring services as part of the continued COVID-19 pandemic response efforts.

- **COVID-19 Vaccine Outreach:** A mobile vaccine outreach strategy was previously developed continued to be deployed in FY2022 to ensure equitable access to the COVID-19 vaccines. As a way to reduce barriers to access, our outreach team provided vaccine availability in rural communities and to locations where transportation to receive care would be difficult including for clients of the Mexican Consulate, at community events largely reaching communities of color, and to people experiencing homelessness. In FY2022, Saint Alphonsus COVID-19 Vaccination Mobile Outreach Team provided over 1,500 vaccines and educated more than 600 persons about COVID and available vaccines.
**Community Education & Outreach:** Through our various clinical service lines, many educational and health outreach offerings are made available to the community at low or no cost. Examples of educational and health outreach offerings in FY2022 include:

- Reach Out & Read
- Community Mental Health Meetings
- Faith Community Nursing Program
- United Way's Health Vision Council
- Childbirth & Parenting Classes
- Breastfeeding Classes
- Breastfeeding *WarmLine*
- Child Safety Seat Checkups
- Breast Cancer Awareness
- Free Stroke and Cardiac Screenings
- Infant Loss Support
- Tobacco Cessation Counseling and Classes
- Nutrition Counseling
- Suicide Prevention
- Stop the Bleed® First-aid Trainings
- Diabetes Self-Management

In FY2022, Saint Alphonsus contributed $229,225 through multiple health education and outreach programs which served the health needs of the community.