Saint Alphonsus

December 19, 2019

Ada County Commissioners
200 W. Front Street
Boise, ID 83702

RE: Fiscal Year 2019 Saint Alphonsus Regional Medical Center Community Benefit Report

Dear Commissioners:

Saint Alphonsus Regional Medical Center is pleased to present you with our Fiscal Year 2019 Community Benefit Report, pursuant to Idaho Code, Section 63-602D.

Saint Alphonsus' unwavering commitment to meeting community needs, with particular emphasis on the underserved and vulnerable, is brought to life through our community benefit ministry. Community benefits include services provided to community members at no cost or subsidized as part of the hospital's mission to serve as a compassionate and transforming healing presence within our communities.

As one of the largest hospitals in Idaho, we take seriously our responsibility as a not-for-profit health care provider to steward the resources entrusted to us and to invest in community benefit efforts that address identified community needs.

Our community benefit efforts primarily focus on improving access to needed services in our community. Our approach is to systematically identify significant health care needs in our evolving community that are not adequately met due to financial, cultural or other socio-economic barriers. Then we collaborate with other public and private community partners to develop innovative and sustainable solutions to address these needs. Examples of collaborative initiatives led or supported by Saint Alphonsus include New Path Community Housing (Housing First model for chronic homelessness), Allumbough House (Substance Abuse Detoxification/Crisis Mental Health facility), the WWAMI Psychiatric Residency, the Idaho Suicide Hotline and the Saint Alphonsus Center for Global Health and Healing.

Many of our community benefit programs are tailored to the unique needs of underserved, vulnerable populations such as refugees, individuals affected by chronic homelessness, mental illness or substance abuse, and the uninsured. Many community benefit programs offered by Saint Alphonsus are unique in the community and would not otherwise be available if we did not offer them. These programs address important community needs and are not expected to generate a positive financial return.
Saint Alphonsus is governed by a Board of Trustees consisting of independent community leaders who serve on a voluntary basis. The Saint Alphonsus Regional Medical Center, Inc. Board was made up of the following members during Fiscal Year 2019:

- Andrew Cosentino, President
- Odette Bolano, CEO
- Darrel Anderson, Chair
- Daniel Puga
- Sr. Suzanne Brennan, CSC
- John Kirby
- Kent Bailey
- Vicken Garabedian, MD
- Stuart Hartley
- Gary Dyer
- Sr. Geraldine Hoyler, CSC
- Maureen "Kim" Lynch, MD
- Kaye O'Riordan
- Mike Reuling

To ensure consistency in community benefit reporting and adherence with national guidelines, Saint Alphonsus utilizes the Catholic Health Association's "Guide for Planning and Reporting Community Benefit," 2015 Edition. Program information is collected and quantified using Community Benefit Inventory for Social Accountability (CBISA) software by Lyon Software.

Should you have any questions related to Saint Alphonsus' Community Benefit Ministry, please feel free to contact Jennifer Palagi, Vice President of Community Health & Well-Being, via e-mail at Jennifer.Palagi@saintalphonsus.org or by telephone at (208) 367-8923.

Sincerely,

Marcie Harper
Vice President, Finance
Saint Alphonsus Regional Medical Center
Report of Community Benefits
Saint Alphonsus Regional Medical Center
Federal 501(c)(3) Tax ID Number - 82-0200895

Mission

We, Saint Alphonsus and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

General Description of Service Area

Saint Alphonsus Regional Medical Center serves patients from the primary, secondary and tertiary service areas listed below:

- Primary Service Area (75% of discharges): Ada and Canyon Counties
- Secondary Service Area (75-95% of discharges): Boise, Gem, Malheur, Elmore, Payette, Owyhee, Union and Baker Counties
- Tertiary Service Area (90-95% of discharges): Twin Falls, Valley, Washington, Adams, Blaine, Cassia, Gooding, Jerome and Elko Counties

Source of Data

The numbers included in this report are from Trinity Health financial statements and other internal reports from the Fiscal Year ending June 30, 2019.

Unreimbursed Services

$27,518,628 Total amount of charity care and bad debt at cost
(Charity care = $14,740,060; Bad debt = $12,778,568)

$12,762,197 Unreimbursed (net) cost of services provided to patients covered by Medicaid, County Indigency, and other government programs.
(Unpaid cost of Medicaid and other public programs = $12,762,197)

Community Benefit Services, Programs and other Special Services Operated
Below Actual Reimbursements (Value excludes any figures noted in other sections of this report)

$7,737,384 The total unreimbursed value of “community benefit” services and programs operated by the hospital, donations, subsidies or in-kind services to other 501(c)(3) organizations, as defined by the guidelines set forth by the Catholic Hospital Association. (Living in Poverty $5,436,207 + Broader Community $2,301,177)
Community Benefit Reporting Format: Community Benefit information has been prepared in accordance with guidelines set forth in the Catholic Health Association (CHA) "Guide for Planning and Reporting Community Benefit," 2015 Edition. Program information is quantified using Community Benefit Inventory for Social Accountability (CBISA) software by Lyon Software.

Value of Donations

Idaho’s 501(c)(3) hospitals and their service areas benefit from philanthropic support each year. Charitable donations enable the hospital to invest in new services and technologies needed by the community, as well as to subsidize community programs, fund research and outreach activities, and help contain health care costs.

Some donations are given to hospitals without restrictions, allowing the hospital to use those funds where they are most needed. Restricted gifts, often related to specific program grants, research or capital projects are used only as specified by the donor.

$3,189,896 Total donations received.

31,783 hours Total number of volunteer hours contributed:
Hospital volunteers 25,154 hours
Faith Community Nursing volunteers 6,227 hours
Community Program volunteers 402 hours

Additions to Capital FY '19

$28,280,699 Additions to capital including all expenditures for land, facilities, equipment and other capital supporting the hospital’s mission.
Community Needs Determination Process

Saint Alphonsus Regional Medical Center’s mission statement reflects its commitment to meeting the wellness and healthcare needs of the community year after year. It states that Saint Alphonsus serves “…in the spirit of the Gospel, as a compassionate and transforming healing presence within our communities.”

Saint Alphonsus has a formal Community Benefit Planning Cycle that includes conducting a Community Needs Assessment every three (3) years and developing Community Benefit Plans under the guidance of the Mission Committee of the Board. Community Benefit Plan priorities are integrated with the Strategic Planning and budgeting processes, and the Mission Committee of the Board of Trustees actively participates in determining the appropriate role for Saint Alphonsus to take in addressing community needs.

The Community Needs Assessment identifies unmet needs within the community and suggests directions for community programs through the collection and analysis of primary and secondary data. In the process, it may also point out barriers that have been encountered in previous efforts. Our most current Saint Alphonsus Community Needs Assessment (2017) is available online at: https://www.saintalphonsus.org/assets/documents/boise/communityhealthneedassessment2017.pdf

During 2017, Saint Alphonsus Regional Medical Center partnered with Saint Alphonsus Medical Center – Nampa, United Way of Treasure Valley, with Utah Foundation as a research partner and with St. Luke’s Health System, Delta Dental of Idaho, and Idaho Association for the Education of Young Children as funding partners, to conduct a comprehensive Community Need Assessment for Ada, Canyon and Gem Counties. Saint Alphonsus has actively participated in the assessment and prioritization process and looks forward to working collaboratively with our community partners to improve health and quality of life in the Treasure Valley in the coming months and years.

As a mission-driven innovative health organization, we will become the national leader in improving the health of our communities and each person we serve. We will be the most trusted health partner for life; our vision is to

- Provide healing and hope, close to home
- Help our communities grow and thrive
- Be a trusted partner for life, and
- Deliver value in everything we do

Respectfully submitted by:

Signature: 
Name: Andrew Cosentino
Title: President, Saint Alphonsus Regional Medical Center
Telephone: (208) 367-2118
Date: 12/19/2019

Signature: 
Name: Jennifer Palagi
Title: Vice President, Community Health & Well-Being, Saint Alphonsus Health System
Telephone: (208) 367-8923
Date: Dec 19, 2019
COMMUNITY BENEFIT HIGHLIGHTS

At Saint Alphonsus Regional Medical Center (SARMC), our mission is "to serve together in the spirit of the Gospel, as a compassionate and transforming healing presence within our communities." We work to transform our communities by reinvesting surplus revenues back into the community through new technologies, vital health services, and access for all. Saint Alphonsus Regional Medical Center supports community programs that address a wide variety of community needs, such as physician/nursing workforce shortages; access to affordable medical, dental and mental health care; substance abuse treatment; and public health issues such as childhood immunizations and obesity. Highlights from some of these Saint Alphonsus-sponsored programs are listed below:

- **New Path:** Idaho's first Housing First program that provides permanent supportive housing for 45+ of Ada County’s most vulnerable people experiencing homelessness. New Path Community Housing opened its doors in November 2018. Not only do residents have a place to call home, but due to the generosity of SARMC and other local community partners, on-site social services, medical treatment and life skills training are provided. **Saint Alphonsus provided $100,000 in support for New Path in FY '19.**

- **Recovery Lodge:** The Recovery Lodge is a short-term emergency homeless shelter for those who have been discharged from the hospital but who still need higher-than-usual levels of privacy, supervision and/or non-medical assistance. Recovery Lodge also may shelter homeless mothers with newborn children, mothers of children with serious but non-contagious illnesses, custodial fathers and their children, those needing short-term medical recovery and those needing hospice care. The facility opened its doors in August 2019. It is the first medical respite program in the Treasure Valley, where homeless patients can go when they are medically discharged but need additional time to rest and recuperate. **Saint Alphonsus contributed $50,000 for this critical project in FY '19.**

- **Idaho Suicide Prevention Hotline (ISPH):** Idaho has the 8th (down from 5th in 2016) highest suicide rate in the Nation (significantly higher than the national average) and was without a suicide prevention hotline since 2006. In response, Saint Alphonsus helped coordinate efforts to bring together public and private partners to launch the Idaho Suicide Prevention Hotline in November 2012. The Hotline began on sound financial footing with seed money provided by Saint Alphonsus, other community partners and the State of Idaho. Saint Alphonsus also partners with the ISPH's Lifeline Crisis Center post-Emergency Room referral project, providing a resource for post-discharge patients who do not meet admission criteria. In FY '18, The Hotline averaged over 1000 calls per month, a 60% increase over FY '17. Suicide remains the 2nd leading cause of death for Idahoans age 15-34, for males up to age 44, and the 1st leading cause for death in females age 10-14. **Saint Alphonsus provided $15,000 toward operations of the Idaho Suicide Prevention Hotline in FY '19.**

- **Allumbaugh House** is a one-of-a-kind program offering substance abuse detoxification and crisis mental health services under one roof, funded by a public-private partnership including Ada County, Cities of Boise/Meridian, Idaho Department of Health & Welfare, Boise City/Ada County Housing Authority, Saint Alphonsus, St. Luke's, and United Way of Treasure Valley. Saint Alphonsus actively participates in governance meetings of the Joint Powers Entity and the Professional Resource Committee. **Allumbaugh House provided over**
935 clients with compassionate care and hope for recovery this year. **Saint Alphonsus provided $245,268 toward operations of Allumbaugh House in FY '19.**

- **Family Medicine Residency of Idaho (FMRI)** provides primary care medical residency education in partnership with the WWAMI program. Idaho faces a dire shortage of family physicians, ranking 50th out of 50 states in terms of primary care physicians per capita. FMRI serves as a vital pipeline of new primary care physicians into the State of Idaho and operates a large safety-net clinic providing low-cost health services to uninsured and underinsured residents of Ada County. The Family Medicine Residency of Idaho has been serving the citizens of Idaho and the surrounding Intermountain West since 1974. In that time period, the Residency has graduated 359 new primary care physicians, over 180 of whom have remained to practice in the State of Idaho, with over 110 of those choosing to practice in rural or underserved Idaho. **Saint Alphonsus provided $1,130,964 in direct financial support to the Family Medicine Residency in FY '19.**

- **Psychiatry Residency:** In Saint Alphonsus' 2005 Community Needs Assessment, access to mental health treatment remained at the top of the priority list of unmet community needs, and a key contributing factor discussed at the time was the statewide shortage of psychiatrists. Subsequent discussions led to collaboration between Saint Alphonsus, St. Luke's, WWAMI, Boise VA Medical Center, and the State of Idaho to develop and implement a Psychiatry Residency program in Boise, affiliated with the WWAMI program. Now fully implemented, the WWAMI Psychiatry Boise Clinical Track hosts three new psychiatry residents per year. Residents complete their first two years of training in Seattle and then complete years 3 and 4 in Boise. Goals of the program include training excellent general psychiatrists to practice in smaller communities, with a particular emphasis on teaching residents skills in outpatient and inpatient psychiatry and working effectively with primary care providers. **Saint Alphonsus provided $242,292 in funding support and served as a clinical training site for the Psychiatry Residency program in FY '19.**

- **Dental Residency:** Oral health needs ranked among our second tier priorities identified in the 2014 Community Needs Assessment. Saint Alphonsus continues to provide funding support for the Idaho State University Dental Residency program, providing $295,008 in support during FY '19.

- **Internal Medicine Residency:** In 2010, Idaho ranked 50th in the nation in Internal Medicine Graduates per capita. The Internal Medicine Residency allows residents to gain experience in the management of acutely ill patients from the hospitalist perspective. The residents expand their skills in multidisciplinary care and communication with other members of the patient's healthcare team. The residents learn and understand to recognize and achieve patient safety goals, address errors in medical management, use information systems to access and disseminate medical knowledge and recognize and address ethical dilemmas in patient care. **Saint Alphonsus provided $188,600 in funding support and served as a clinical training site for the Internal Medicine Residency program in FY '19.**

- **The Center for Global Health and Healing:** As an identified community by the federal branch, Office of Refugee Resettlement (ORR), Boise accepts individuals and families who have suffered significant trauma, torture and loss as a result of persecution on account of race, religion, nationality, membership in a particular social group, and/or political opinion. Many families experience significant challenges and stressors throughout the process of
resettlement as they adapt to a new culture, learn a new language, cope with symptoms related to trauma and torture, while navigating new healthcare and social systems within their new community. Saint Alphonsus Center for Global Health and Healing (CGHH) was developed to better meet the needs of families being resettled in Boise through ORR. As individuals and families continue to be resettled there is a significant need for integrated and holistic models of care that are committed to trauma-informed, culturally-responsive, and language-appropriate practices to help reduce barriers to care and strengthen equitable healthcare for culturally and linguistically diverse populations. The Center for Global Health and Healing is comprised of the Saint Alphonsus International Clinic and the Saint Alphonsus Culturally Appropriate Resources and Education (CARE) Maternal/Child Health Clinic. The International Clinic is dedicated to providing longitudinal healthcare for primary care patients, with a special focus on the medical needs of families who have been resettled in our community. The International Clinic also provides curbside care (mobile clinic) and home visits to further reduce barriers to care. The CARE Maternal/Child Health Clinic offers a group model of prenatal and infant care that provides support throughout pregnancy, labor and delivery, postpartum and up to 12 months of infant development. Both clinics provide an integrative model of care to address and reduce barriers to accessing equitable healthcare through a multidisciplinary team approach comprised of physicians, nurse practitioners, midwives, community health advisors, interpreters, social workers, and highly trained support staff. Numerous recognitions of this innovative program includes the CARE Maternal/Child Health Clinic being acknowledged as the only U.S. site to participate in the World health Organization's international mother-baby safety initiative, as well as receiving the Jackson Healthcare Hospital Charitable Service Award in February 2012. Additionally, in October of 2015, Saint Alphonsus Center for Global Health Healing was awarded $770,640 over a three year grant cycle, through the Office of Refugee Resettlement, to establish Idaho's first Program for Survivors of Torture (PSOT). The Program for Survivors of Torture offers interdisciplinary services for primary and secondary survivors that include: service coordination, health care, legal assistance, mental health counseling, and physiotherapy for individuals and families who qualify under the United States definition of torture. Saint Alphonsus contributed $998,199 in in-kind support of the Center for Global Health and Healing in FY '19, serving over 1,600 people, as well as leveraging grant support from other sources to support the program.

- **Saint Alphonsus Meet Me Monday:** In 2019, the Meet Me Monday program celebrated its seventh anniversary of weekly walks in downtown Boise, and is coordinating walking groups in downtown Boise, Boise Towne Square, and Caldwell with over 2400 walkers to date and averaging 115 walkers per week. Meet Me Monday, a health partnership between Saint Alphonsus and Bandanna Running & Walking, has become a staple in local residents' weekly exercise routine – regardless of weather or holidays – with routes of 1, 2, and 3 miles every Monday throughout the year. As a part of Saint Alphonsus' strategy to combat obesity, Meet Me Monday offers a free weekly opportunity to engage in physical activity, earn incentive prizes for repeat participation, and enjoy social support among the crowd of "regulars" who attend every week year-round. Saint Alphonsus provided $21,000 of support for this program in FY '19.

- **GoNoodle Online Health Literacy and Physical Activity Curriculum:** GoNoodle blends core-aligned subjects with fitness and health education for schools in Southwest Idaho. Saint Alphonsus and High Five, powered by the Blue Cross of Idaho Foundation for Health, are
funding GoNoodle PLUS which takes student engagement, behavior and achievement to a whole new level. GoNoodle PLUS exclusives include:

- Deep content designed for school-year long play
- Core subject-aligned videos & games customizable by teachers
- Valuable reporting on minutes of physical activity

GoNoodle is an interactive website where kids get to play active, educational games at their desk called “brain breaks.” These bursts of activity are shown to improve classroom behavior, focus, cognition and academic achievement. Activities within GoNoodle integrate math and language arts, helping teachers meet core-subject standards. In FY '19, there are over 200 Sponsored Elementary Schools, representing 2,152 active teachers and over 13 million Student Minutes of Physical Activity, Saint Alphonsus contributed $73,283 to GoNoodle PLUS in FY ’19.

- **Darkness to Light-Stewards of Children®:** Statistically, one in 10 children will experience childhood sexual abuse before their 18th birthday. In FY16, Saint Alphonsus partnered with the Idaho Children's Trust Fund to help bring Darkness to Light-Stewards of Children® training to Boise, with 14 Saint Alphonsus Colleagues trained as Darkness to Light Facilitators. This national program's goal is to raise awareness of the prevalence and consequences of childhood sexual abuse by educating adults about the steps they can take to prevent, recognize and react responsibly to the reality of childhood sexual abuse. In FY '19, Saint Alphonsus contributed $1,420 and Saint Alphonsus Darkness to Light Facilitators delivered this program to 199 adults in our community.

- **Ski & Mountain Trauma Conference:** As the regional trauma center and resource for trauma prevention and management, Saint Alphonsus hosts an annual conference to provide low-cost opportunities for first responders, nationally and internationally, to receive training on the latest medical techniques and best practices. EMT's, paramedics, search and rescue teams, ski patrol, and fire personnel attend this rapidly-growing emergency response symposium for pre-hospital and hospital providers. Trauma physicians and staff from Saint Alphonsus provide small, hands-on labs as well as presentations from national and regional experts for those working in high-risk mountainous areas. The Ski & Mountain Trauma Conference held in November 2018 served 479 first responders and Saint Alphonsus provided a subsidy of $159,046 for the conference.

- **Transforming Communities Initiative (TCI):** In March of 2016, Saint Alphonsus announced the formation of the Transforming Communities Initiative; a Trinity Health Promise Partnership between Saint Alphonsus and the United Way of Treasure Valley, investing $1.5 million over three years to improve the health and well-being of our communities. TCI will focus specifically on policy, systems and environmental changes that can directly impact specifically identified areas of high local need. Goals for the Treasure Valley program include the reduction of tobacco use and obesity – two leading drivers of preventable chronic diseases and high health care costs in Idaho and the United States. In FY '19 Saint Alphonsus contributed $24,521 in support of the Transforming Communities Initiative.
• **Community Education & Outreach:** Through our various clinical service lines, many educational and health outreach offerings are made available to the community at low or no cost. Examples of educational and health outreach offerings in FY '19 include:

- Reach Out & Read
- Partners in Education with Koelsch Elementary
- Community Mental Health Meetings
- Faith Community Nursing Program
- Health Vision Council through United Way
- Childbirth & Parenting Classes
- Breastfeeding Classes
- Breastfeeding *WarmLine*
- Child Safety Seat Checkups
- Breast Cancer Awareness
- Free stroke, cardiac and diabetes screening

- Flu Shot Clinics
- Health & Aging seminars
- Heart Disease & Women seminars
- Babysitting Classes
- Infant Loss Support
- Tobacco Cessation
- Nutrition Counseling
- Suicide Prevention & Gun Safety
- Fall Prevention Education
- Stop the Bleed® First-aid Trainings
- Diabetes Self-Management