

CLIMB[®]

CHILDREN'S LIVES INCLUDE MOMENTS OF BRAVERY



CLIMB IS A SUPPORT PROGRAM FOR CHILDREN AND TEENS AGES 6-18 WHO HAVE A PARENT, GRANDPARENT, OR GUARDIAN WITH CANCER.

- FREE to all families in the Treasure Valley affected by cancer
- Series of 6 weekly 90-minute group sessions
- Children talk and complete activities with specially trained volunteers
- Dinner is provided
- Parents and guardians are invited and encouraged to attend the first and last group sessions

WHAT KIDS LEARN THROUGH CLIMB

- About cancer and cancer treatment
- How to identify and express feelings: sadness, fear, guilt, anger, hope, concern, and love
- Coping skills and strategies
- How to communicate with their loved one
- That they are not alone
- Where they can find support

CLASS DETAILS AS WELL AS DATES AND TIMES CAN BE FOUND ON www.saintalphonsus.org.

CLICK ON THE 'FIND A CLASS' LINK.



Saint Alphonus
CANCER CARE CENTER



For more information, contact
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